

Service User [REDACTED]
Service User ID [REDACTED]
Date of Birth 02/Jun/64
Printed By [REDACTED]
Printed Date 25/Jun/19

Community Support Review - Part 1 of 2

Last updated by [REDACTED] at 11/Jun/19 12:44
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To be completed by support workers

Service user

Date of review

11/Jun/2019

Staff member completing the review

People who have contributed to this review

Name	Relationship to service user <i>i.e. family member etc</i>
[REDACTED]	Support worker

SERVICE USER FEEDBACK

Looking back over the past 6 months of support, what is the service user's perspective of the progress they've made?

[REDACTED] feels that she is a lot better from 6 months ago with going out in the community.

She says that she as finished her course (peer support course) and completed this and now going to do volunteering with the Highbury hospital.

[REDACTED] feels that her confidence is a little bit better but still needs to work on this.

[REDACTED] says the home environment she still needs a lot of work to help her achieve this is hard for her as when she feels unwell she finds it difficult to stay on top of this.

OUTCOMES COMPLETED

Look at the Outcomes on the support plan to check what's been completed and what's still ongoing.

Outcome number	Details of completed outcome	Date completed
1	Maintaining the home environment. can be difficult to prompt [REDACTED] says that when she feels unwell it can be hard to keep on top of the home. When [REDACTED] feels ok she will wash the pots and tidy the living room. [REDACTED] has been doing a lot of gardening for the last couple of weeks rather than the home. And when [REDACTED] has support we have been going out so [REDACTED] can sort her appointments and paper work. [REDACTED] believes this needs to be ongoing and we said we would put a cleaning rota up to prompt [REDACTED] and make her feel more positive.	
2	[REDACTED] feels a lot better for going out in the community me and [REDACTED] have been out a few times in the community and it's [REDACTED] been feeling alright when we do. [REDACTED] says that she still needs to work on this, but things are getting better.	
3	Shopping, [REDACTED] needs more support on shopping has [REDACTED] as been eating out a lot we have talked about this that [REDACTED] said she will stop and start eating healthy by us doing a diet plan and healthy shopping list.	

Details of any outcomes not yet achieved, and what still needs to take place

Outcome 2 shopping.

[REDACTED] needs more support on shopping has [REDACTED] as been eating out a lot and getting takeaway coffee from Costa and [REDACTED] knows it is not good for her health, we have talked about [REDACTED] maybe going to the gym and she said she will we did speak about this a couple of weeks ago and [REDACTED] said she will go when she feels ready. We also talked about healthy eating and how important it is to achieve this outcome we are going to do a healthy shopping list and a healthy eating plan that [REDACTED] can stick too.